



The Hidden Genius of Emotion: Lifespan Transformations of Personality (Studies in Emotion and Social Interaction)

By Carol Magai, Jeannette Haviland-Jones

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This book is about emotion and personality, focusing on how emotion powerfully influences moment-to-moment thoughts, behaviors, and interpersonal interactions. Though emotion is continually present, it is seldom in consciousness, and thus affects lives in a covert manner. This hidden influence is revealed through the example of the lives of three famous mid-century psychologists: Carl Rogers, Albert Ellis, and Fritz Perls. Carol Magai and Jeanette Haviland-Jones show how each person has his or her own unique "emotional organization," that exerts a distinct and unique bias on what we see, feel, and think.

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