



My Last Fight: The True Story of a Hockey Rock Star

By Darren McCarty, Kevin Allen

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Looking back on a memorable career, Darren McCarty recounts his time as one of the most visible and beloved members of the Detroit Red Wings as well as his personal struggles with addiction, finances, and women and his daily battles to overcome them. As a member of four Red Wings' Stanley Cup-winning teams, McCarty played the role of enforcer from 1993 to 2004 and returning again in 2008 and 2009. His "Grind Line" with teammates Kris Draper and Kirk Maltby physically overmatched some of the best offensive lines in the NHL, but he was more than just a brawler: his 127 career goals included several of the highlight variety, including an inside-out move against Philadelphia in the clinching game of the 1997 Stanley Cup Finals. As colorful a character as any NHL player, he has arms adorned with tattoos, and he was the lead singer in the hard rock band Grinder during the offseason. Yet this autobiography details what may have endeared him most to his fans: the honest, open way he has dealt with his struggles in life off the ice. Whether dealing with substance abuse, bankruptcy, divorce, or the death of his father, Darren McCarty has always seemed to persevere.

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Editorial Review

About the Author

Darren McCarty played parts of 15 seasons in the NHL—all but two with the Detroit Red Wings. Known as an enforcer, his career totals include 127 goals and 1,477 penalty minutes. He was part of four Stanley Cup—championship teams, and in retirement he remains active with the Red Wings’ Alumni Association. He lives in Royal Oak, Michigan. **Kevin Allen** is the author or coauthor of more than a dozen sports books, including *Brett, J. R., Star-Spangled Hockey, What It Means to Be a Red Wing*, and *Without Fear*. He lives in Ypsilanti, Michigan.

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