



Feeling Unreal: Depersonalization Disorder and the Loss of the Self

By Daphne Simeon, Jeffrey Abugel

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Feeling Unreal is the first book to reveal what depersonalization disorder is all about. This important volume explores not only depersonalization, but the philosophical and literary implications of selflessness as well, while providing the latest research, possible treatments, and strategies for living and thriving when life seems 'unreal.' For those who still believe that such experiences are still a part of something else, that depersonalization is just a symptom and not a disorder in its own right, *Feeling Unreal* presents compelling evidence to the contrary. This book provides long-awaited answers for people suffering from depersonalization disorder and their loved ones, for mental health professionals, and for all students of the condition, while serving as a wake up call to the medical community at large.

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Bibliography

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Editorial Review

Review

"...Poignant accounts of depersonalization disorder can be found in *Feeling Unreal: Depersonalization Disorder and the Loss of the Self*. The comprehensive work by Simeon and Abugiel consolidates over a century of research and philosophy on the enigmatic disorder. The result is a compelling and informative resource, equally relevant for mental health professionals and laypeople interested in the mysteries of the human psyche."--*Journal of the Neurological Sciences*

About the Author

Daphne Simeon, M.D., is an Associate Professor of Psychiatry at the Mount Sinai School of Medicine, New York, NY. For over 10 years she has been conducting clinical research in the field of dissociation, has received several grant awards, and has numerous peer-reviewed publications. She currently co-chairs an international task force that will generate new recommendations for the DSM-V classification of dissociative disorders. Jeffrey Abugiel has worked as an editor and writer for more than 25 years. He has researched depersonalization and its relationship to philosophy and literature since the 1980s. He is a graduate of New York University's Washington Square College, and founder of the depersonalization-themed website, www.depersonalization.info. He is also a member of the American Medical Writers Association.

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As people who live in the modest era should be up-date about what going on or details even knowledge to make them keep up with the era which can be always change and move ahead. Some of you maybe will certainly update themselves by studying books. It is a good choice for yourself but the problems coming to you actually is you don't know which one you should start with. This *Feeling Unreal: Depersonalization Disorder and the Loss of the Self* is our recommendation so you keep up with the world. Why, as this book serves what you want and want in this era.

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Often the book *Feeling Unreal: Depersonalization Disorder and the Loss of the Self* has a lot of information on it. So when you read this book you can get a lot of gain. The book was published by the very famous author. McDougal makes some research ahead of write this book. That book very easy to read you may get the point easily after reading this article book.

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Cathy Kerby:

Feeling Unreal: Depersonalization Disorder and the Loss of the Self can be one of your beginning books that are good idea. All of us recommend that straight away because this e-book has good vocabulary that could increase your knowledge in language, easy to understand, bit entertaining but delivering the information. The author giving his/her effort to set every word into joy arrangement in writing Feeling Unreal: Depersonalization Disorder and the Loss of the Self nevertheless doesn't forget the main point, giving the reader the hottest as well as based confirm resource information that maybe you can be considered one of it. This great information could drawn you into brand-new stage of crucial contemplating.

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