



# A Philosophy of Walking

By *Frederic Gros*

Download now

Read Online ➔

## A Philosophy of Walking By Frederic Gros

*“It is only ideas gained from walking that have any worth.” —Nietzsche*

In *A Philosophy of Walking*, a bestseller in France, leading thinker Frédéric Gros charts the many different ways we get from A to B – the pilgrimage, the promenade, the protest march, the nature ramble – and reveals what they say about us.

Gros draws attention to other thinkers who also saw walking as something central to their practice. On his travels he ponders Thoreau’s eager seclusion in Walden Woods; the reason Rimbaud walked in a fury, while Nerval rambled to cure his melancholy. He shows us how Rousseau walked in order to think, while Nietzsche wandered the mountainside to write. In contrast, Kant marched through his hometown every day, exactly at the same hour, to escape the compulsion of thought. Brilliant and erudite, *A Philosophy of Walking* is an entertaining and insightful manifesto for putting one foot in front of the other.

↓ [Download A Philosophy of Walking ...pdf](#)

📄 [Read Online A Philosophy of Walking ...pdf](#)

# A Philosophy of Walking

By Frederic Gros

## A Philosophy of Walking By Frederic Gros

*"It is only ideas gained from walking that have any worth." —Nietzsche*

In *A Philosophy of Walking*, a bestseller in France, leading thinker Frédéric Gros charts the many different ways we get from A to B – the pilgrimage, the promenade, the protest march, the nature ramble – and reveals what they say about us.

Gros draws attention to other thinkers who also saw walking as something central to their practice. On his travels he ponders Thoreau's eager seclusion in Walden Woods; the reason Rimbaud walked in a fury, while Nerval rambled to cure his melancholy. He shows us how Rousseau walked in order to think, while Nietzsche wandered the mountainside to write. In contrast, Kant marched through his hometown every day, exactly at the same hour, to escape the compulsion of thought. Brilliant and erudite, *A Philosophy of Walking* is an entertaining and insightful manifesto for putting one foot in front of the other.

## A Philosophy of Walking By Frederic Gros Bibliography

- Rank: #150269 in Books
- Brand: Verso
- Published on: 2014-04-08
- Released on: 2014-04-08
- Original language: English
- Number of items: 1
- Dimensions: 8.53" h x .95" w x 5.82" l, 1.25 pounds
- Binding: Hardcover
- 240 pages

 [Download A Philosophy of Walking ...pdf](#)

 [Read Online A Philosophy of Walking ...pdf](#)

## Editorial Review

From [Booklist](#)

Philosopher Gros ponders walking, that most mundane mode of transportation or exercise, elevating it to its rightful place in inspiring creativity, evoking freedom, and quieting a troubled soul. Whether taking a leisurely wandering stroll or a purposeful trek along an assigned path, when walking we are reduced to “a moving two-legged beast,” momentarily detached from obligations. Beyond his own perambulations, Gros evokes the wanderings of Kerouac and Ginsburg. Nietzsche walked to restore his health and get release from debilitating migraines, until he could walk no more. Rimbaud walked Paris to release his creativity. Nerval walked to ease his melancholy. Rousseau found inspiration only when walking, pondering memories and dreams. And of course, Thoreau walked to commune with nature and meditate. Gros examines the creative philosophies of these writers, artists, and thinkers so deeply influenced by the simple act of walking. He also examines the long journeys, pilgrimages, and protest walks of so many others in this fascinating look at the not-so-simple act of walking. --Vanessa Bush

Review

“A passionate affirmation of the simple life, and joy in simple things. And it’s beautifully written: clear, simple, precise.” —*Observer*

“Poignant life-stories ... are interspersed with the author’s own meditations on walking ... In the way a landscape is gradually absorbed by the long-distance Rambler they steadily build into an insistent exhortation: get up, get out and walk!” —*Independent*

“Life-affirming stuff.” —*National Geographic Traveler*

“Impressive.” —*Daily Telegraph*

“Philosopher Gros ponders walking, that most mundane mode of transportation or exercise, elevating it to its rightful place in inspiring creativity, evoking freedom, and quieting a troubled soul.” —*Booklist*

“This elegant book inspires consideration of an oft-overlooked subject.” — *Publisher's Weekly*

"Frédéric Gros asks why so many of our most productive writers and philosophers – Rousseau, Kant, Rimbaud, Robert Louis Stevenson, Nietzsche, Jack Kerouac – have also been indefatigable walkers ... there are certain magical things that happen on the trail, and Gros is familiar with them. He thinks like a hiker." — *Financial Times*

"An admirable little book which will delight even the most sedentary." —*Le Monde*

"An unclassifiable book in which ideas are illuminated by the bright light of the morning." —*L'Express*

About the Author

**Frederic Gros** is a professor of philosophy at the University of Paris XII and the Institute of Political Studies, Paris. He was the editor of the last lectures of Michel Foucault at the College de France. He has written books on psychiatry, law and war. He lives in Paris.

## **Users Review**

### **From reader reviews:**

#### **Richard Rhone:**

The book A Philosophy of Walking make one feel enjoy for your spare time. You can use to make your capable more increase. Book can to become your best friend when you getting strain or having big problem using your subject. If you can make looking at a book A Philosophy of Walking for being your habit, you can get much more advantages, like add your current capable, increase your knowledge about a number of or all subjects. You may know everything if you like start and read a e-book A Philosophy of Walking. Kinds of book are several. It means that, science guide or encyclopedia or other people. So , how do you think about this book?

#### **Nathan Kelly:**

What do you consider book? It is just for students since they are still students or this for all people in the world, the actual best subject for that? Just simply you can be answered for that problem above. Every person has distinct personality and hobby for each other. Don't to be obligated someone or something that they don't desire do that. You must know how great as well as important the book A Philosophy of Walking. All type of book could you see on many resources. You can look for the internet options or other social media.

#### **Jeremy Smith:**

A lot of people always spent all their free time to vacation or maybe go to the outside with them loved ones or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity that's look different you can read a book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent the entire day to reading a book. The book A Philosophy of Walking it is extremely good to read. There are a lot of those who recommended this book. They were enjoying reading this book. Should you did not have enough space to develop this book you can buy the actual e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not very costly but this book possesses high quality.

#### **Joel Barnhardt:**

A Philosophy of Walking can be one of your nice books that are good idea. All of us recommend that straight away because this e-book has good vocabulary that will increase your knowledge in language, easy to understand, bit entertaining but nevertheless delivering the information. The article writer giving his/her effort to get every word into pleasure arrangement in writing A Philosophy of Walking however doesn't forget the main stage, giving the reader the hottest along with based confirm resource info that maybe you can be one among it. This great information could drawn you into brand-new stage of crucial thinking.

**Download and Read Online A Philosophy of Walking By Frederic  
Gros #GV954WX3K87**

# **Read A Philosophy of Walking By Frederic Gros for online ebook**

A Philosophy of Walking By Frederic Gros Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read A Philosophy of Walking By Frederic Gros books to read online.

## **Online A Philosophy of Walking By Frederic Gros ebook PDF download**

**A Philosophy of Walking By Frederic Gros Doc**

**A Philosophy of Walking By Frederic Gros Mobipocket**

**A Philosophy of Walking By Frederic Gros EPub**

**GV954WX3K87: A Philosophy of Walking By Frederic Gros**