



# The Total Shred Guitarist: A Fun and Comprehensive Overview of Shred Guitar Playing (Book, CD & DVD) (The Total Guitarist)

By German Schauss

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*The Total Shred Guitarist* is an exciting journey through the world of heavy metal guitar playing. Author and master shredder German Schauss provides a step-by-step approach to shred guitar that makes it easy to understand, proving that it's not rocket science. You just need some basic tools, some basic theory, and a lot of practice! Through simple chromatic patterns and warm-up exercises, you'll develop finger independence, conditioning, and speed. Learn patterns and sequences in a variety of scales, while developing technical fluency in alternate picking, tapping, multi-finger tapping, sweep picking, string skipping, and more. This book is for guitarists of all genres who are ready to break through the limitations of their technique and start shredding like they have always imagined. The included CD features backing tracks so you can hone your soloing skills and develop your own unique sound and style. The DVD brings the book alive and features German Schauss demonstrating lessons and techniques.

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