



Relationship Coaching: The theory and practice of coaching with singles, couples and parents

By Yossi Ives, Elaine Cox

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Relationship Coaching provides a comprehensive guide to coaching to achieve relationship success and enrichment in three main areas: to help single people to form and secure stable relationships, to assist couples seeking to enhance their relationship and to support parents looking to improve their relationships with their children.

Yossi Ives is an experienced relationship coach and Elaine Cox is an expert on developmental coaching approaches. They explain how the fundamental elements of coaching are customised and adapted to meet the needs of relationship enhancement. The book introduces specific coaching theories, processes and techniques through the use of practical case studies, which provide insight into a range of applications and contexts, and introduces new ways of approaching marriage and singles coaching.

Relationship Coaching combines an accessible, practical guide with a strong theoretical underpinning. It will be an essential guide for coaches, counsellors and students, as well as other professional helpers including social workers and ministers.

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Editorial Review

Review

"This book is a valuable resource for trainee relationship coaches and professional coaches looking to apply existing skills to a new client group, as well as a useful interactive guide for all counsellors – and specifically relationship counsellors – wishing to further develop brief and pragmatic coaching methodology practice." – **Kirsten Leslie, Coaching Today**

"Coaching is gradually but confidently moving into new areas of application. This book is an intelligent guide and an important resource for those who wish to enrich their understanding of relationship coaching. Clear and accessible, it is highly recommended for both coaches and potential clients." – **Dr Tatiana Bachkirova, Reader in Coaching Psychology, Faculty of Business, Oxford Brookes University, UK**

"Today the schooling we get on relationship skills, such as friendship, marriage, and parenting, emerges from the hard knocks of life experience, a somewhat inefficient and often painful process. At long last, Ives and Cox have launched a comprehensive and well-grounded guide to relationship coaching. Now coaches can enter this field knowing they are standing on a robust intellectual and scientific foundation." – **Margaret Moore, CEO, Wellcoaches Corporation and Co-Director, Institute of Coaching, McLean Hospital, Harvard Medical School affiliate, USA**

"Much attention is paid in the therapeutic world to how damaged relationships might be repaired but less attention is paid to helping people adopt a more helpful approach to achieving a more satisfactory life-affirming outcome to their quest. This book rectifies that imbalance, providing a model that fosters human flourishing, supporting people in their pursuit of relationship fulfilment and success." – **Nick Turner, from the foreword**

About the Author

Yossi Ives is a relationship coach who co-runs a European singles organisation. He holds a PhD in Coaching and is the co-author, with Elaine Cox, of *Goal Focused Coaching* (Routledge, 2013). He is also founder and CEO of Tag International Development and the Tag Institute for Social Development.

Elaine Cox is principal lecturer and leader of programmes within the International Centre for Coaching and Leadership development at Oxford Brookes University. She is an experienced researcher, author and editor and also directs the Doctor of Coaching and Mentoring Programme.

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