



# Family Therapy: An Overview

*By Irene Goldenberg, Herbert Goldenberg*

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**Family Therapy: An Overview** By Irene Goldenberg, Herbert Goldenberg

In this revision of their best-selling book, Irene and Herbert Goldenberg chronicle the history, development, training, research, and interventions of the field of family therapy, including a basic introduction to family systems theory and the family life cycle framework. Case studies (with transcripts of actual therapy sessions) bring theory to life.

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### **Editorial Review**

#### **Review**

Goldenberg provides a good overview of family systems concepts as well as information on specific theories. In addition, it is well written and very "readable".

The strengths of this text as I see it, are that it is very clear and readable. It has been kept up-to-date, and the perspective of the student is kept in mind.

The strengths are many in the text-- readability, understandability, rich with detailed information... It helps to connect the theory with a real person as well as allow for a historical perspective on when this type of thinking about families occurred.

#### **About the Author**

Irene Goldenberg is Professor Emeritus of Psychology in the Department of Psychiatry at the UCLA Neuropsychiatric Institute. She served as Associate Chairperson of that department and as Director of Psychological Services for many years, and continues to teach marriage and family therapy courses to psychologists, psychiatrists, and social workers there. She currently supervises doctoral students and directs the family therapy program at the VA Greater Los Angeles Healthcare System. Together with Herbert, Irene Goldenberg has been awarded the 2007 American Family Therapy Academy lifetime achievement award for family therapy. She also holds membership in the American Association for Marriage and Family Therapy, the American Family Therapy Academy, and the Family Therapy division of the American Psychological Association. She has been elected fellow in that APA division. The Goldenbergs are co-authors of another book published by Brooks/Cole, COUNSELING TODAY'S FAMILIES, Fourth Edition.

Herbert Goldenberg was Professor Emeritus of Psychology at California State University, Los Angeles, where he developed and taught classes in family therapy. Together with Irene Goldenberg he was awarded the 2007 American Family Therapy Academy lifetime achievement award for family therapy. He also held membership in the American Association for Marriage and Family Therapy, the American Family Therapy Academy, and the Family Therapy division of the American Psychological Association. He was also elected fellow in that APA division. The Goldenbergs co-authored another book published by Brooks/Cole, COUNSELING TODAY'S FAMILIES, Fourth Edition.

### **Users Review**

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#### **Ernest Pettaway:**

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**Johnnie McCormick:**

In this 21st millennium, people become competitive in most way. By being competitive at this point, people have to do something to make all of them survive, being in the middle of the actual crowded place and notice by simply surrounding. One thing that at times many people have underestimated this for a while is reading. Yep, by reading a reserve your ability to survive increase then having chance to stand up than other is high. In your case who want to start reading some sort of book, we give you this particular Family Therapy: An Overview book as beginner and daily reading guide. Why, because this book is more than just a book.

**Donald Pate:**

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**James Voyles:**

In this era globalization it is important to someone to acquire information. The information will make anyone to understand the condition of the world. The health of the world makes the information quicker to share. You can find a lot of personal references to get information example: internet, classifieds, book, and soon. You can observe that now, a lot of publisher that will print many kinds of book. The actual book that recommended for you is Family Therapy: An Overview this book consist a lot of the information with the condition of this world now. This kind of book was represented so why is the world has grown up. The vocabulary styles that writer value to explain it is easy to understand. The writer made some investigation when he makes this book. Honestly, that is why this book appropriate all of you.

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