



# **Sport and Exercise Physiology Testing Guidelines: Volume I – Sport Testing: The British Association of Sport and Exercise Sciences Guide: Volume 1**

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Sport and exercise physiologists are called upon to carry out physiological assessments that have proven validity and reliability, both in sport-specific and health-related contexts. A wide variety of test protocols have been developed and refined. This book is a comprehensive guide to these protocols and to the key issues relating to physiological testing.

Volume I covers sport-specific testing, and Volume II covers clinical and exercise specific testing.

With contributions from leading specialist sport, exercise and clinical physiologists, and covering a wide range of mainstream sports, special populations, and ethical, practical and methodological issues, these volumes represent an essential resource for sport-specific and clinical exercise testing in both research and applied settings.

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## **Editorial Review**

### **About the Author**

**Edward Winter** is Professor of the Physiology of Exercise at Sheffield Hallam University. His major research interest is scaling, or how to adjust physiological and performance measures for body size differences. He has worked with a range of top performers in squash, athletics, hockey and rugby. He is accredited by the British Association of Sport and Exercise Sciences for physiology research and scientific support and is a British Olympic Association registered physiologist.

**Andy Jones** is Professor and Chair of Applied Physiology at the Children's Health and Exercise Research Centre at the University of Exeter. He is internationally recognised for his research in respiratory physiology (particularly pulmonary gas exchange responses to exercise) and elite sports performance physiology (particularly in relation to endurance athletes).

**Richard Davison** is Principal Lecturer in Exercise Physiology in the Department of Sport and Exercise Science at the University of Portsmouth. Dr Davison has published in excess of 30 scientific papers and book chapters and is currently an expert reviewer for the *Journal of Sports Sciences*, the *International Journal of Sports Medicine* and the *British Journal of Sports Medicine*. Richard co-edited the 3<sup>rd</sup> edition of the BASES Physiology Testing Guidelines, published by BASES.

**Paul Bromley** is Principal Lecturer at the Faculty of Health and Human Sciences, Thames Valley University, UK.

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