



# Dear Father: Breaking the Cycle of Pain

By J. Ivy

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## Dear Father: Breaking the Cycle of Pain By J. Ivy

Hip-hop's favorite poet and Grammy Award-winning artist J. Ivy bares his soul in this inspirational memoir of pain transformed into healing and empowerment.

J. Ivy is a true pioneer and trendsetter who's bridged the worlds of hip-hop and poetry through his appearances on HBO's *Def Poetry* and his collaborations with Kanye West and Jay-Z. But throughout his success, he carried with him the pain of being abandoned by his father and growing up in the tough neighborhoods of Chicago's South Side.

So he sat down with pen and paper and processed his pain the only way he knew how—through poetry. The resulting poem, *Dear Father*, became his vehicle of forgiveness and healing. It is a pivotal poem that has touched and inspired the lives of millions.

Fused with his signature raw lyricism and street consciousness, J. Ivy's memoir shows what it takes to deal with your emotions before your emotions deal with you. His story is personal yet universal, and will inspire others to channel whatever pain they have experienced into their own powerful gift of expression.

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## Dear Father: Breaking the Cycle of Pain By J. Ivy Bibliography

- Sales Rank: #275709 in Books
- Published on: 2015-01-27
- Released on: 2015-01-27
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 1.10" w x 6.00" l, .0 pounds
- Binding: Hardcover
- 304 pages

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