



Vefa's Kitchen

By Vefa Alexiadou

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Featuring more than 700 straightforward and mouthwatering Greek recipes, this cookbook from a leading culinary authority in Greece offers everything from simple salads to simmered meat dishes.

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Vefa's Kitchen By Vefa Alexiadou **Bibliography**

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Editorial Review

From Publishers Weekly

Alexiadou, a chef well-regarded in Greece for her books and TV series, has compiled recipes from every corner of the country, for every section of the menu, beginning with a delightful array of mezedes such as wine-steamed mussels and fava bean croquettes, then going through soups and salads, pasta, fish and shellfish, all kinds of meats, and baked goods. Though she certainly includes classics like pastitsio, spanakopita and baklava, Alexiadou's selections overall demonstrate the breadth and depth of Greek cookery with entries such as duckling with kumquats, pumpkin fritters and tangerine flutes. She opens with a brief tour of Greece's main regions and their specialties, but the focus is more on cooking than chatting; a concise section offering historical tidbits and general instructions opens each chapter, and many recipes close with serving and presentation tips. Alexiadou's aim is to provide a wide assortment of authentically Greek dishes, bringing the country to life through the recipes—varied ingredients rather than through prose. Some of the ingredients, like *colocasia*, or sheep's milk, will be harder for the home cook to obtain than others, but anyone seriously interested in learning the full repertoire of Greek cooking will be willing to make the effort, just as they will want this book. (May)

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Review

"Lovely and well written... Phaidon has produced the authoritative tome on Greek cookery." -The Bookseller
"Greek cookbook writer, TV presenter and chef Vefa Alexiadou has collected hundreds of recipes from all over Greece." -The Observer
"Bulges with traditional recipes collected from all over Greece." -The Daily Telegraph magazine
"Bound to become a contemporary classic... Will have you whipping up moussaka in no time. Thomas Cook magazine
"The book's a stunner, beautifully designed, and should give hours of pleasure of page-flicking joy and cooking pleasure to anyone who appreciates real Greek food." -Time Out

About the Author

Vefa Alexiadou is the leading authority on Greek cookery. A bestselling author of thirteen cookbooks in Greece, she also has her own television series and regularly writes articles for magazines and gives lectures and demonstrations on Greek recipes. She has served on the board of the Centre for the Preservation of Traditional Greek Gastronomy.

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Tiffany Reyes:

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Elaine Sitz:

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