



# Twelve Traps in Today's Marriage and How to Avoid Them

*By Brent A. Barlow*

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**Twelve Traps in Today's Marriage and How to Avoid Them** By Brent A. Barlow

You won't be able to avoid problems in marriage if you don't recognize the traps. Twelve Traps in Today's Marriage describes some of the destructive habits, expectations, and mistakes many Latter-day Saints slip into. The author, Dr. Brent A. Barlow, an associate professor in family sciences and a marriage counselor, writes:

"Many married couples today unknowingly get into situations—traps, if you will—that can be harmful to marriage. This may be out of ignorance, apathy, or innocence, or any combination of the three. Through marriage counseling sessions and . . . marriage seminars I have conducted, . . . I have identified what I believe to be twelve major traps in contemporary marriage:

The Time Trap  
The Tradition Trap  
The Togetherness Trap  
The Tenderness Trap  
The Talk Trap  
The Tyranny Trap  
The Turmoil Trap  
The Temper Trap  
The Tension Trap  
The Touch Trap  
The Temptation Trap  
The Television Trap

Learn about each traps and what to do to get out of them or stay away from them. Twelve Traps in Today's Marriage—and How to Avoid Them is a searching examination of LDS contemporary marriage and an inspiring look at how to make marriage better.

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## **Twelve Traps in Today's Marriage and How to Avoid Them** By Brent A. Barlow Bibliography

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