



The U.S. Navy SEAL Survival Handbook: Learn the Survival Techniques and Strategies of America's Elite Warriors (US Army Survival)

By Don Mann, Ralph Pezzullo

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Learn the survival techniques and strategies of America's elite warriors the elite of the military elite, U.S. Navy seals know that they can be deployed anywhere in the world at a moment's notice. Whether in a temperate, tropical, Arctic, or subarctic region, they might find themselves alone in a remote area with little or no personal gear. In the U.S. Navy seal survival handbook, decorated navy seal team six member don Mann provides a definitive survival resource. From basic camp craft and navigation to fear management and strategies for coping with any Type of disaster, it is an essential resource for all outdoors people. Complete with 150 color photographs, this comprehensive guide includes life-saving information on: making weapons and tools, finding water, wildlife for food, making shelters, signaling, sea survival, and much more specifications:- number of pages: 224.

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- Sales Rank: #74418 in Books
- Brand: Proforce Equipment
- Published on: 2012-08-01
- Original language: English
- Number of items: 1
- Dimensions: 9.25" h x 7.50" w x 7.38" l, 3.00 pounds
- Binding: Paperback
- 248 pages



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Editorial Review

About the Author

Don Mann's impressive military biography includes being a decorated combat veteran; corpsman; SEAL special operations technician; jungle survival, desert survival, and arctic survival instructor; and Survival, Evade, Resistance, and Escape instructor; in addition to other credentials.

Ralph Pezzullo is a *New York Times* bestselling author and award-winning playwright, screenwriter, and journalist. His books include *Jawbreaker* (with CIA operative Gary Berntsen). He lives in Los Angeles, California.

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