



# Prepper's Natural Medicine: Life-Saving Herbs, Essential Oils and Natural Remedies for When There is No Doctor

*By Cat Ellis*

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## **Prepper's Natural Medicine: Life-Saving Herbs, Essential Oils and Natural Remedies for When There is No Doctor** By Cat Ellis

### A DEFINITIVE GUIDE TO HEALING ANY AILMENT HOLISTICALLY WHEN DISASTER STRIKES

When disaster strikes and you lose all access to doctors, hospitals and pharmacies, natural medicine will be your family's best hope for survival.

"Prepper's Natural Medicine" is the definitive guide to creating powerful home remedies for any health situation, including:

Herbal Salve for Infections

Poultice for Broken Bones

Natural Ointment for Poison Ivy

Infused Honey for Burns

Essential Oil for Migraines

Soothing Tea for Allergies

Nutritional Syrup for Flu

With easy-to-read herbal charts, a breakdown of essential oils, tips for stockpiling natural medicines and step-by-step instructions for creating your own elixirs, salves and more, this book offers everything you need to keep you and your loved ones safe."

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### **Editorial Review**

#### **About the Author**

**Cat Ellis** is a practicing herbalist and avid prepper. Her love of herbs began with “pretty things”, like sachets and scents. After using herbs to recover from a severe bout with influenza in 1999, however, her focus became fixed upon the medicinal properties of plants. Cat's interest in prepping began in 2008 when her household faced a loss of income due to the failing economy. Both interests melded together earning her the nickname, “The Herbal Prepper”. Cat Ellis is a homeschooling mom who teaches herbalism, aromatherapy, and food storage techniques in New England. Cat regularly blogs and podcasts on her website, HerbalPrepper.com.

### **Users Review**

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##### **Anne Larsen:**

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##### **Donna Bradford:**

Playing with family inside a park, coming to see the coastal world or hanging out with buddies is thing that usually you have done when you have spare time, subsequently why you don't try matter that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Prepper's Natural Medicine: Life-Saving Herbs, Essential Oils and Natural Remedies for When There is No Doctor, you could enjoy both. It is excellent combination right, you still want to miss it? What kind of hang-out type is it? Oh occur its mind hangout men. What? Still don't get it, oh come on its identified as reading friends.

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