



Custom Enrichment Module: Introduction to Positive Psychology

By William C. Compton

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Review

"The way the book is organized allows for the inclusion and consideration of ideas/research that is difficult to define in 'traditional' psychology (i.e. flow, 'the zone'). I especially like the way that topics in 'Traditional' introductory psychology textbooks (e.g. social/personality/developmental/clinical) are presented with different information and different studies than I have seen before."

"I thought chapters 4, 5, 6, and 8 were well written and covered topics that are not covered much in other textbooks."

About the Author

William Compton earned his Ph.D. in Clinical Psychology at Vanderbilt University. Currently a Professor of Psychology at Middle Tennessee State University, he has taught a wide variety of classes including Introductory Psychology, Psychology of Adjustment, Abnormal Psychology, Theories of Counseling, Psychology of Happiness, and Introduction to Clinical Psychology. His research interests include health psychology, personality, and social psychology.

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