



## 'It Will Never Happen to Me!' Children of Alcoholics: As Youngsters - Adolescents - Adults

*By Claudia Black*

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This "little green book," as it has come to be known to hundreds of thousands of C.O.A.'s and A.C.O.A.'s, is meant to help the reader understand the roles children in alcoholic families adopt, the problems they face in adulthood as a result, and what they can do to break the pattern of destruction.

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## **'It Will Never Happen to Me!' Children of Alcoholics: As Youngsters - Adolescents - Adults** By Claudia Black Bibliography

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## **Editorial Review**

From the Publisher

One of the gifts of what we have come to learn about people raised in chemically dependent families is that it has offered extremely useful information for people raised in other types of troubled families as well.

Whether or not you were raised in an addictive family system, *It Will Never Happen To Me* may very well offer a framework to understand your situation. We have long recognized that people raised with physical and sexual abuse strongly identify as if they were raised with addiction. People raised with mental illness, ranging from schizophrenia to depression, to raging parents, frequently identify with adult child issues. People raised with parents affected by chronic health issues, physical challenges, as well as those raised by an adult child (an adult child who may not manifest an addiction, but the thinking and behavior is often characteristic of an addict) may also identify. The connecting thread between these different types of families is experiencing chronic loss that fuels emotional isolation, rigidity, or shame.

Whatever the circumstances, when you come from a history of loss, it is like being a first cousin to the person raised with addiction. Therefore, if this information can benefit others raised in troubled families, this is an added gift.

From the Author

While hundreds of thousands of people are in recovery from chemical dependency, codependency, and adult child issues, our communities continue to be impacted by addiction. Heroin, cocaine, crystal methamphetamine, and marijuana use is rampant throughout our communities. But historically, the number one abused drug is alcohol.

While the focus of this book will remain on homes where alcohol is the primary drug, it is my hope the reader will see similarities in other substance abusing families. The commonalities will be living with extremes, living with the unknown, or the fears. It is the living in a system where the addiction has become central to the family and the needs of the individual family members become secondary to the needs of the addict and his or her addiction.

This book is meant to offer a foundation for understanding what occurred growing up in an addictive family and to offer hope for recovery. I want to acknowledge each and every one of you who have ever thought, spoken, believed and hoped "it will never happen to me." Because of that conviction, and because of your impact on me, together we have the possibility of creating a different journey for ourselves and others.

From the Inside Flap

This "little green book," as it has come to be known to hundreds of thousands of C.O.A.'s and A.C.O.A.'s, is meant to help the reader understand the roles children in alcoholic families adopt, the problems they face in adulthood as a result, and what they can do to break the pattern of destruction.

## **Users Review**

**From reader reviews:**

**Louise Hacker:**

What do you in relation to book? It is not important with you? Or just adding material if you want something

to explain what your problem? How about your spare time? Or are you busy individual? If you don't have spare time to perform others business, it gives you the sense of being bored faster. And you have time? What did you do? Everyone has many questions above. They have to answer that question since just their can do which. It said that about publication. Book is familiar in each person. Yes, it is proper. Because start from on guardería until university need this particular 'It Will Never Happen to Me!' Children of Alcoholics: As Youngsters - Adolescents - Adults to read.

### **Grady Meraz:**

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### **Daryl Glover:**

As we know that book is essential thing to add our information for everything. By a publication we can know everything we would like. A book is a list of written, printed, illustrated or even blank sheet. Every year had been exactly added. This publication 'It Will Never Happen to Me!' Children of Alcoholics: As Youngsters - Adolescents - Adults was filled regarding science. Spend your spare time to add your knowledge about your scientific disciplines competence. Some people has several feel when they reading the book. If you know how big advantage of a book, you can truly feel enjoy to read a e-book. In the modern era like today, many ways to get book which you wanted.

### **Alan Archuleta:**

That book can make you to feel relax. This book 'It Will Never Happen to Me!' Children of Alcoholics: As Youngsters - Adolescents - Adults was vibrant and of course has pictures around. As we know that book 'It Will Never Happen to Me!' Children of Alcoholics: As Youngsters - Adolescents - Adults has many kinds or genre. Start from kids until teens. For example Naruto or Detective Conan you can read and feel that you are the character on there. Therefore , not at all of book tend to be make you bored, any it can make you feel happy, fun and chill out. Try to choose the best book for you personally and try to like reading that will.

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