



You Have a Brain: A Teen's Guide to T.H.I.N.K. B.I.G.

By Ben Carson M.D., Gregg Lewis, Deborah Shaw Lewis

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Throughout his life, renowned neurosurgeon Dr. Benjamin Carson has needed to overcome many obstacles: His father leaving the family; being considered stupid by his classmates in grade school; growing up in inner-city Detroit; and having a violent temper. But Dr. Carson didn't let his circumstances control him, and instead discovered eight principles that helped shape his future.

In *You Have a Brain: A Teen's Guide to Think Big*, Dr. Carson unpacks the eight important parts of Thinking Big—Talent, Honesty, Insight, being Nice, Knowledge, Books, In-Depth learning, and God—and presents the stories of people who demonstrated those things in his life. By applying the idea of T.H.I.N.K. B.I.G. to your life, and by looking at those around you as well, you too can overcome obstacles and work toward achieving your dreams.

Includes discussion questions at the back of the book.

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Editorial Review

Review

The title of *You Have a Brain: A Teen's Guide to T.H.I.N.K. B.I.G.* centers on the advice Ben Carson's mother gave him and his brother: you have a brain—use it. The well-known neurosurgeon Dr. Benjamin Carson has overcome the obstacles of his father's leaving the family, being considered stupid by his classmates in grade school, and having a violent temper. He articulates eight principles that helped shape his future and which make up thinking big: Talent, Honesty, Insight, being Nice, Knowledge, Books, In-Depth Learning, and God. Writing for a teen audience, Carson amply demonstrates that the effective use of one's brain does trump peer pressure. In his experience, "peers" were actually People Encouraging Errors, Rudeness and stupidity. Carson also makes clear that his own battle with an out-of-control temper required help from God, though using his brain to recognize the need was essential. Gregg Lewis is the author or coauthor of more than 50 books, and Deborah Shaw Lewis has authored or coauthored more than a dozen books; the two are the parents of five children. As a team they have worked with Dr. Carson and are able to articulate insights in a fashion that encourages personal assessment. Leroy Hommerding, CLJ (*Christian Library Journal*)

About the Author

Dr. Benjamin S. Carson, Sr., M.D., became the chief of pediatric neurosurgery at Johns Hopkins Hospital in 1984 at the age of 33, making him the youngest major division director in the hospital's history. He has written and published nine books, four of which were co-authored with Candy, his wife of 40 years. Dr. Carson was the recipient of the 2006 Spingarn Medal. In June 2008, he was awarded the Presidential Medal of Freedom. U.S. News Media Group and Harvard's Center for Public Leadership recognized Dr. Carson as one of "America's Best Leaders" in 2008. In 2014, the Gallup Organization, in their annual survey, named Dr. Carson as one of the 10 Most Admired Men in the World.

Dr. Carson and his wife are co-founders of the Carson Scholars Fund, which recognizes young people of all backgrounds for exceptional academic and humanitarian accomplishments. In addition, Dr. Carson is now the Honorary National Chairman of the My Faith Votes campaign and continues to work tirelessly for the cause of the American people.

Gregg Lewis is an award-winning author and coauthor of more than fifty books, including *Gifted Hands*, *The Ben Carson Story*, *Take the Risk* and *The Big Picture*.

Deborah Shaw Lewis has authored or coauthored more than a dozen books, including *Gifted Hands*, *The Ben Carson Story*, has taught school, does professional storytelling, speaks on motherhood and family issues, and holds a master's degree in early childhood development. She and Gregg are the parents of five children.

Users Review

From reader reviews:

Sandra Murray:

Information is provisions for folks to get better life, information today can get by anyone in everywhere. The information can be a information or any news even a problem. What people must be consider whenever those information which is in the former life are difficult to be find than now is taking seriously which one would work to believe or which one often the resource are convinced. If you find the unstable resource then you obtain it as your main information we will see huge disadvantage for you. All of those possibilities will not happen in you if you take *You Have a Brain: A Teen's Guide to T.H.I.N.K. B.I.G.* as the daily resource information.

William Deck:

The publication with title *You Have a Brain: A Teen's Guide to T.H.I.N.K. B.I.G.* contains a lot of information that you can discover it. You can get a lot of gain after read this book. This kind of book exist new knowledge the information that exist in this e-book represented the condition of the world at this point. That is important to yo7u to know how the improvement of the world. This kind of book will bring you inside new era of the internationalization. You can read the e-book in your smart phone, so you can read the item anywhere you want.

Karen Strickland:

Is it you actually who having spare time then spend it whole day by means of watching television programs or just resting on the bed? Do you need something new? This *You Have a Brain: A Teen's Guide to T.H.I.N.K. B.I.G.* can be the solution, oh how comes? A book you know. You are thus out of date, spending your free time by reading in this brand new era is common not a nerd activity. So what these books have than the others?

Kelly Livingston:

With this era which is the greater man or who has ability in doing something more are more special than other. Do you want to become one of it? It is just simple strategy to have that. What you have to do is just spending your time very little but quite enough to experience a look at some books. One of many books in the top collection in your reading list is definitely *You Have a Brain: A Teen's Guide to T.H.I.N.K. B.I.G.*. This book that is certainly qualified as *The Hungry Slopes* can get you closer in turning into precious person. By looking upward and review this reserve you can get many advantages.

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