



The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids

By Madeline, PhD Levine

Download now

Read Online 

The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine

In recent years, numerous studies have shown that bright, charming, seemingly confident and socially skilled teenagers from affluent, loving families are experiencing epidemic rates of depression, substance abuse, and anxiety disorders—rates higher than in any other socioeconomic group of American adolescents. Materialism, pressure to achieve, perfectionism, and disconnection are combining to create a perfect storm that is devastating children of privilege and their parents alike.

In this eye-opening, provocative, and essential book, clinical psychologist Madeline Levine explodes one child-rearing myth after another. With empathy and candor, she identifies toxic cultural influences and well-intentioned, but misguided, parenting practices that are detrimental to a child's healthy self-development. Her thoughtful, practical advice provides solutions that will enable parents to help their emotionally troubled "star" child cultivate an authentic sense of self.

 [Download The Price of Privilege: How Parental Pressure and ...pdf](#)

 [Read Online The Price of Privilege: How Parental Pressure an ...pdf](#)

The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids

By Madeline, PhD Levine

The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine

In recent years, numerous studies have shown that bright, charming, seemingly confident and socially skilled teenagers from affluent, loving families are experiencing epidemic rates of depression, substance abuse, and anxiety disorders—rates higher than in any other socioeconomic group of American adolescents.

Materialism, pressure to achieve, perfectionism, and disconnection are combining to create a perfect storm that is devastating children of privilege and their parents alike.

In this eye-opening, provocative, and essential book, clinical psychologist Madeline Levine explodes one child-rearing myth after another. With empathy and candor, she identifies toxic cultural influences and well-intentioned, but misguided, parenting practices that are detrimental to a child's healthy self-development. Her thoughtful, practical advice provides solutions that will enable parents to help their emotionally troubled "star" child cultivate an authentic sense of self.

The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine **Bibliography**

- Sales Rank: #18805 in Books
- Brand: Harper Perennial
- Published on: 2008-04-22
- Released on: 2008-07-29
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .58" w x 5.31" l, .43 pounds
- Binding: Paperback
- 256 pages



[Download The Price of Privilege: How Parental Pressure and ...pdf](#)



[Read Online The Price of Privilege: How Parental Pressure an ...pdf](#)

Download and Read Free Online The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine

Editorial Review

From Publishers Weekly

A practicing psychologist in Marin County, Calif., Levine counsels troubled teens from affluent families, and finds it paradoxical that wealth—which can open the door to travel and other enriching opportunities—can produce such depressed, anxious, angry and bored teenagers. After comparing notes with colleagues, she concluded that consumerism too often substitutes for the sorts of struggles that produce thoughtful, happy people. If objects satisfy people, then they never get around to working on deeper issues. The teen years are supposed to be a time for character building. Avoiding this hard work with the distraction of consumer toys can produce "vacant," "evacuated" or "disconnected" teens, Levine believes. She is particularly useful when explaining common parenting dilemmas, like the difference between being intrusive and being involved, between laying down rules and encouraging autonomy. Alas, while Levine pitches to the educated moms, since they do much of the actual child-rearing, she may be preaching to the choir. Those who need her most may be too busy shopping to pick up such a dire-looking volume. Still, school guidance counselors should be happy to have this clear, sensitive volume on their bookshelves. (*July*)

Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

From Scientific American

Wandering among suburban estates, sports clubs and prep schools are overlooked children of a perplexed generation. Their lives overflow with abundance and praise, yet ironically, the mask of apparent health and success may hide a gloomy world of emptiness, anxiety and anger. Strangely, argues Madeline Levine, a clinical psychologist practicing in Marin County, California, the nation's latest group of at-risk kids comes from affluent, well-educated families. Despite advantages, these children experience disproportionately high rates of clinical depression, substance abuse, anxiety, eating disorders and self-destructive (even self-mutilating) behaviors, according to various studies. Based on criteria from the U.S. Centers for Disease Control and Prevention, Levine says these children "are exhibiting epidemic rates of emotional problems beginning in junior high school and accelerating throughout adolescence." One may brush off these youngsters as overindulged products of wealthy, narcissistic parents. But Levine says many of these kids are really ill. They suffer from a weak sense of self, often struggling to fill inner emptiness with objects and praise. Too often they know something is wrong and grope desperately for help yet fail to escape a downward spiral. Could it be, Levine wonders, that privilege, high expectations, competitive pressure and parental overinvolvement yield toxic rather than protective effects? Levine explores such issues as social isolation, the fine line between parental underinvolvement and overindulgence, and the perverse role of money and material goods in creating false promises of fulfillment. Yearning for outward approval, adolescents are particularly vulnerable to the delusion that wealth causes happiness. In many cases, a rude awakening occurs only after many years of anxiety and depression. Levine's writing is surprisingly reflective and interesting. A constructive therapist, she offers practical guidelines and parenting strategies for those struggling with troubled teens. The advice is useful to any parent of any income level and includes ways to foster healthy autonomy, impulse control and sense of self. Levine emphasizes the importance of discipline, monitoring and limit setting as ways to encourage kids to construct healthy "inner" homes. More important, parents must "stand on their own two feet" before expecting their children to stand on theirs—noting that many parents scold their children for social behaviors that they themselves cannot manage, such as substance abuse and lack of self-discipline or self-assertion. Parents must strive to get their own inner homes in order before they can expect kids to straighten out theirs.

Richard Lipkin

From [Booklist](#)

Recent studies have shown that 22 percent of upper-middle-class adolescent girls (three times the national rate) suffer from clinical depression--a stark illustration of the old saw that money doesn't buy happiness. Psychologist Levine draws on clinical research, hundreds of case studies, and 25 years of treating troubled adolescents from well-to-do families to explore the rise in mental and emotional disorders among privileged youth. Levine offers portraits of adolescents from homes of parental involvement and material advantage in which the children nonetheless suffer from addictions, anxiety and eating disorders, depression, and self-destructive behavior. Levine makes the case for why these young people are as much "at risk" as those from lower economic backgrounds and how the culture of affluence can stifle self-development. She offers advice on effective techniques to reduce pressure from parents to succeed in school and to heighten adolescent autonomy and self-discipline. In this insightful book, Levine eschews the temptation to dismiss problems of privileged teens as overindulgence. *Vanessa Bush*

Copyright © American Library Association. All rights reserved

Users Review

From reader reviews:

Stevie Mozingo:

As people who live in often the modest era should be update about what going on or data even knowledge to make these individuals keep up with the era that is certainly always change and make progress. Some of you maybe will update themselves by studying books. It is a good choice for you personally but the problems coming to you is you don't know which one you should start with. This The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids is our recommendation so you keep up with the world. Why, since this book serves what you want and wish in this era.

Oren Nelson:

This The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids usually are reliable for you who want to be described as a successful person, why. The key reason why of this The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids can be on the list of great books you must have is definitely giving you more than just simple looking at food but feed anyone with information that maybe will shock your preceding knowledge. This book will be handy, you can bring it almost everywhere and whenever your conditions throughout the e-book and printed versions. Beside that this The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids forcing you to have an enormous of experience for instance rich vocabulary, giving you test of critical thinking that we know it useful in your day activity. So , let's have it and luxuriate in reading.

Joseph Cole:

That book can make you to feel relax. This particular book The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids was colourful and of course has pictures around. As we know that book The Price of Privilege: How Parental Pressure and

Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids has many kinds or variety. Start from kids until young adults. For example Naruto or Private investigator Conan you can read and believe you are the character on there. Therefore not at all of book are generally make you bored, any it offers you feel happy, fun and rest. Try to choose the best book in your case and try to like reading in which.

Ronald Canty:

Reading a reserve make you to get more knowledge from it. You can take knowledge and information coming from a book. Book is published or printed or highlighted from each source that will filled update of news. In this particular modern era like today, many ways to get information are available for anyone. From media social just like newspaper, magazines, science reserve, encyclopedia, reference book, new and comic. You can add your knowledge by that book. Do you want to spend your spare time to spread out your book? Or just searching for the The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids when you necessary it?

**Download and Read Online The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine
#JG81U306M2H**

Read The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine for online ebook

The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine books to read online.

Online The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine ebook PDF download

The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine Doc

The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine MobiPocket

The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine EPub

JG81U306M2H: The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids By Madeline, PhD Levine