



# The Coaching Manual: The Definitive Guide to The Process, Principles and Skills of Personal Coaching (3rd Edition)

By Julie Starr

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Widely recognised as a leading practical handbook on coaching, *The Coaching Manual* combines an understanding of coaching principles, skills, attitudes and behaviours, along with practical guidance and a comprehensive tool kit for coaches.

*The Coaching Manual* demystifies the full coaching process, from first step to final meeting. This is the complete guide to coaching and includes: models, perspectives, skills, case studies, tips and advice.

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- Sales Rank: #1309504 in Books
- Brand: Brand: Pearson Business
- Published on: 2011-01-28
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 9.10" h x .80" w x 6.10" l, 1.10 pounds
- Binding: Paperback
- 328 pages

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### **Editorial Review**

From the Back Cover

*Take your coaching from good to great*

Both a complete learning experience and an instant source of fresh insight, *The Coaching Manual*, now in its third edition, is packed with all the information, tools, and techniques you need to take your coaching to another level. Whether you're new to coaching or already very experienced in the field, Julie Starr will guide you through the entire process from first meeting to when coaching ends.

About the Author

**Julie Starr** is a highly respected coach and management consultant who works with both organisations and individuals. She has over 20 years experience within business and change management focusing on the opportunity presented by people. She combines many years of coaching experience with a constant study related to human success and fulfilment, to develop coaching practices and principles that really work.

### **Users Review**

**From reader reviews:**

**Sarah Fernandez:**

Now a day people who Living in the era wherever everything reachable by match the internet and the resources included can be true or not need people to be aware of each info they get. How a lot more to be smart in getting any information nowadays? Of course the reply is reading a book. Examining a book can help persons out of this uncertainty Information specially this The Coaching Manual: The Definitive Guide to The Process, Principles and Skills of Personal Coaching (3rd Edition) book as this book offers you rich information and knowledge. Of course the details in this book hundred percent guarantees there is no doubt in it everbody knows.

**Betty Borgen:**

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**Robert Beaubien:**

The book *The Coaching Manual: The Definitive Guide to The Process, Principles and Skills of Personal Coaching* (3rd Edition) has a lot of information on it. So when you check out this book you can get a lot of help. The book was written by the very famous author. Tom makes some research ahead of write this book. This particular book very easy to read you may get the point easily after perusing this book.

**Beatrice Blakely:**

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