



The Coaching Manual: The Definitive Guide to The Process, Principles and Skills of Personal Coaching (3rd Edition)

By Julie Starr

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Widely recognised as a leading practical handbook on coaching, *The Coaching Manual* combines an understanding of coaching principles, skills, attitudes and behaviours, along with practical guidance and a comprehensive tool kit for coaches.

The Coaching Manual demystifies the full coaching process, from first step to final meeting. This is the complete guide to coaching and includes: models, perspectives, skills, case studies, tips and advice.

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Editorial Review

From the Back Cover

Take your coaching from good to great

Both a complete learning experience and an instant source of fresh insight, *The Coaching Manual*, now in its third edition, is packed with all the information, tools, and techniques you need to take your coaching to another level. Whether you're new to coaching or already very experienced in the field, Julie Starr will guide you through the entire process from first meeting to when coaching ends.

About the Author

Julie Starr is a highly respected coach and management consultant who works with both organisations and individuals. She has over 20 years experience within business and change management focusing on the opportunity presented by people. She combines many years of coaching experience with a constant study related to human success and fulfilment, to develop coaching practices and principles that really work.

Users Review

From reader reviews:

Sarah Fernandez:

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Robert Beaubien:

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Beatrice Blakely:

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