



## On Becoming Baby Wise, Book Two: Parenting Your Five to Twelve-Month Old Through the Babyhood Transition

By Gary Ezzo, Robert Bucknam

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### On Becoming Baby Wise, Book Two: Parenting Your Five to Twelve-Month Old Through the Babyhood Transition By Gary Ezzo, Robert Bucknam

It's reality-check time! You're at least four months into your tour of parenting, and the complexities of child training are starting to multiply. As your baby is growing physically, his mind is adapting with an increasing awareness to new sights, sounds and sensations. He can now interact with his material universe with greater attentiveness. Now feeding time is more than a biological response initiated by a baby's sucking reflex. For the five-month-old, meal times become a complex and conscious interaction between child and parent, food and drink, preference and need, likes and dislikes, must do and won't do! Watch out - big changes are coming to their world and yours!

In his 26th year in practice, join pediatrician Robert Bucknam, M.D. and co-author Gary Ezzo to discover the proven methods that more than 8 million parents have made their own with incredible success. The second half of your child's first year of life holds some of the most powerful windows into their cognitive and emotional growth and development.

**"As a practicing pediatric neurologist, husband, and father, I fully endorse and highly recommend Babywise 11. The principles found in this book are immensely practical and universally applicable. If the principles of structure and routine found in this resource were widely applied in the early months and years as they should be, I would see far fewer patients over the age of two with behavioral deficiencies and neurologic challenges. "**

--- Robert P. Turner, M.D. of Richmond, Virginia

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### **Editorial Review**

#### **Review**

"As an Asian and America-trained pediatrician, I know the principles of *Babywise 11* work cross-culturally. Here is a resource that will help parents guide their babies with confidence and success through the three major transitions of the first year -- feeding time, wake time, and sleep time. From experience with my two sons, my daughter, and countless number of patients, I can enthusiastically recommend all the Babywise books as must reads for competent parenting."

**--- Saphry-May Liauw, M.D., M.S. (Pharm), Jakarta, Indonesia**

As a practicing pediatric neurologist, husband, and father, I fully endorse and highly recommend Babywise 11. The principles found in this book are immensely practical and universally applicable. If the principles of structure and routine found in this resource were widely applied in the early months and years as they should be, I would see far fewer patients over the age of two with behavioral deficiencies and neurologic challenges.

**--- Robert P. Turner, M.D. of Richmond, Virginia**

As a *Babywise* pediatrician, every newborn baby is a challenge and excitement to me, because I know I can help them with their moral behaviors as well as their physical well-being. *Babywise 2* enables me to contribute to the structure and behavior of children, which is much needed in our society. This wonderful, practical, and effective book is an invaluable asset to my practice, since no other medical textbook strikes so deeply into the basic needs in life.

**-- Peter Y. S. Kim, M.D. of Valencia, California**

#### **From the Author**

This is truly an amazing and exciting phase of a baby's life, in part because babies achieve a level of alertness in which they begin to intentionally interact with people, places, and things that make up their developing world. This is also a time of great cognitive expansion when Baby purposefully begins to make, literally, "baby decisions" from which learning patterns begin to take shape. Correspondingly, it is a time when Moms and Dad's actions and reactions profoundly impact those "baby decisions." This is why parenting in the second half of the first year moves out of the category of wonderfully-simple to challenging and complex.

In *On Becoming Babywise 11*, we connect all the dots between the passive world of infancy and the multiplicity of growth factors emerging during the second six months of life. The more parents understand the multifaceted babyhood transitions, the more confident they become in managing their baby's unfolding world.

Stage One: Birth to 5 months-- On Becoming Babywise

Stage Two: 5 to 12 months -- On Becoming Babywise 11

Stage Three: 12 - 18 months -- On Becoming Pretoddlerwise

Stage Four: 18 - 36 months -- On Becoming Toddlerwise

Stage Five: 36 - 84 months -- On Becoming Childwise

As a pediatrician for the last 26 years, the healthy growth of children is the central concern of my practice.

In *On Becoming Babywise 11*, we want to help you with this challenge of growing healthy children emotionally, physically, morally, and cognitively. Enjoy the journey!

#### From the Inside Flap

As a pediatrician, the healthy growth of children is the central concern of my practice. By definition, "healthy" means more than positive ear, nose, and throat examinations-- it also implies emotional, physical, moral, and cognitive fitness. It includes giving a baby the best environment to grow, flourish and reach his or her full potential at each stage of development.

**-- Dr. Robert Bucknam, M.D., Founder & Director of Cornerstone Pediatrics -Louisville, CO**

(author of *On Becoming Babywise 2* and the *On Becoming* best selling series)

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##### **Lonnie Hammer:**

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