



My Baby & Me

By Sam Faiers

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My Baby & Me By Sam Faiers

For Sam Faiers life as part of the *TOWIE* cast, living it up Essex style, partying the night away is a distant memory but she wouldn't change it for the world. Since becoming a mom to Paul Jr her life has taken a magical turn, although at times it can be just as tiring and worrying, too . . . Now Sam invites her fans, fellow moms, or moms-to-be on an unforgettable journey through motherhood. Charting the highs and lows, she opens up about what being a mom is really like—from those treasured first cuddles and baby's first smile to dealing with leaking nappies and getting your body back in shape. Told in her no-nonsense, down-to-earth way, Sam reveals that while having a baby is the best thing that has ever happened to her, caring for something so small is tough and the pressures put upon modern day moms can be even tougher. As funny as they are emotional, Sam's experiences in this intimate read will offer comfort and advice to others, including her own healthy diet and fitness tips, while also opening up fans to a whole new side of Sam Faiers that even she didn't know before.

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Editorial Review

About the Author

Sam Faiers is a reality TV star, model, author, businesswoman, and mom. She starred in the hit show *The Only Way is Essex* and was a finalist on *Celebrity Big Brother*. She owns and runs Minnie's Boutique and also has her own range of beauty products. As well as appearing in her own six-part series on ITVBe *The Mummy Diaries*, Sam is a blossoming photographer and hosts her own YouTube channel.

Users Review

From reader reviews:

Jesse Williams:

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Steven Bourg:

Spent a free time and energy to be fun activity to do! A lot of people spent their spare time with their family, or all their friends. Usually they undertaking activity like watching television, about to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? May be reading a book can be option to fill your free time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to attempt look for book, may be the guide untitled My Baby & Me can be great book to read. May be it is usually best activity to you.

Walter Dion:

What is your hobby? Have you heard that will question when you got learners? We believe that that problem

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