



Aura-Soma: Self-Discovery through Color

By Vicky Wall

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Aura-Soma: Self-Discovery through Color By Vicky Wall

A compelling account of the development of Aura-Soma color therapy by its founder Vicky Wall

- Shows how Aura-Soma uses the symbolism, energies, and effect of color to promote growth in consciousness
- Explains the nature and use of the dual-colored Equilibrium combinations
- Explores the subtle anatomy of the individual to balance the body's chakras

Aura-Soma is an innovative approach to soul therapy that relies on bottles of dual-colored liquids that incorporate plant extracts, essential oils, and the energies and extracts of precious and semiprecious stones. The energetic properties found in the liquids interact with the individual's aura to help support equilibrium in the body, mind, and spirit.

The practice of Aura-Soma was developed by Vicky Wall, who drew upon the mystical traditions of the Kabbalah and the medicinal and healing qualities of living plants that she learned from her father. Clairvoyant from childhood, she was able to perceive the subtle energies surrounding an individual. As an adult, this clairvoyant ability was amplified as her physical sight diminished and was eventually lost. Having been an apprentice to a pharmacist in an earlier phase of her life, her understanding of the significance of combining substances resurfaced as she created the first dual-colored Equilibrium bottle. At first she did not know the significance of what she had discovered, but it soon became clear that the oils, extracts, and essences contained in these bottles had remarkable qualities to facilitate perception and self remembering.

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Aura-Soma: Self-Discovery through Color By Vicky Wall Bibliography

- Sales Rank: #269052 in Books
- Brand: Wall, Vicky
- Published on: 2005-04-10
- Released on: 2005-03-29
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .60" w x 6.00" l, .88 pounds
- Binding: Paperback
- 240 pages



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Editorial Review

Review

"I will recommend the book to [those] who want to study color therapy, manage their daily life through the conscious use of color, and work with the chakra system. The book also is compelling as a dramatic, autobiographical account of the life of a woman who used her clairvoyance to help many people." (*Jana Hassett, Imagers West, New Age Retailer, Spring 2006*)

"This book is recommended for anyone interested in natural healing. That includes all seekers after a holistic experience of self-development and healing." (*Jennifer Hoskins, New Dawn, No. 106, Jan/Feb 08*)

"A fascinating story about a truly remarkable woman. . . . It could not be more highly recommended." (*Psychic News*)

"Aura-Soma is a tool relevant to our time, brought into being through a remarkable blind woman who had clairvoyance from birth and who could see the energy of animate and inanimate things more clearly than most of us can see what is directly in front of us." (*Mike Booth, chairman of Aura-Soma Products Ltd. and principal of the Art and Science International A*)

From the Back Cover

SELF HELP / HEALING

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--Mike Booth, chairman of Aura-Soma Products Ltd. and principal of the Art and Science International Academy of Colour Technologies

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VICKY WALL (1918 -1991) was one of the first women appointed as a surgical chiropodist in England, and she taught at many teaching hospitals in London. After losing her eyesight, she developed the Aura-Soma color system and was able to help it become firmly established as a new healing modality prior to her death.

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