



The Practice of Clinical Supervision

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Quality clinical supervision for counselling, psychotherapy and other mental health and related disciplines seldom occurs by accident. Rather it is the result of strategic planning by counsellors, administrators and supervisors working in partnership. The aim of such collaboration is to find a practical and appropriate process to support the counsellor in the workplace to achieve best practice in their everyday work. With attention to supervision, the emerging professional can be protected from the euphoria of a grand vocational adventure dissolving into the despair of a fading dream. This book is a state of the art summary of where supervision is today and what are some of the crucial themes we need to consider as supervisors — an invaluable update for the experienced supervisor. Its scope and cross-professional application (counsellors, psychotherapists, psychologists, social workers, life and business coaches) ensures all who are interested in supervision can benefit from this book. It will also be attractive to trainee practitioners who are beginning supervision and to trainee supervisors who are taking their first steps as supervisors.

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Editorial Review

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