



## 3 Seconds: The Power of Thinking Twice

By Les Parrott

[Download now](#)

[Read Online](#) 

### 3 Seconds: The Power of Thinking Twice By Les Parrott

Just three seconds. The time it takes to make a decision. That's all that lies between settling for "Whatever" ... or insisting on "Whatever it takes." 3 Seconds shows how to unleash the inner resources that can move you to a whole new level of success. It comes down to six predictable impulses that most of us automatically accept without a second thought. You can replace them with new impulses that lead toward impact and significance. For instance, it takes Three Seconds to ... Disown Your Helplessness: The First Impulse: "There's nothing I can do about it." The Second Impulse: "I can't do everything, but I can do something." Quit Stewing and Start Doing: The First Impulse: "Someday I'm going to do that." The Second Impulse: "I'm diving in ... starting today." Fuel Your Passion: The First Impulse: "I'll do what happens to come my way." The Second Impulse: "I'll do what I'm designed to do." Inhale ... exhale ... the difference of your lifetime can begin in the space of a single breath. The decision is yours. Start today.

 [Download 3 Seconds: The Power of Thinking Twice ...pdf](#)

 [Read Online 3 Seconds: The Power of Thinking Twice ...pdf](#)

# 3 Seconds: The Power of Thinking Twice

By *Les Parrott*

## 3 Seconds: The Power of Thinking Twice By Les Parrott

Just three seconds. The time it takes to make a decision. That's all that lies between settling for "Whatever" ... or insisting on "Whatever it takes." 3 Seconds shows how to unleash the inner resources that can move you to a whole new level of success. It comes down to six predictable impulses that most of us automatically accept without a second thought. You can replace them with new impulses that lead toward impact and significance. For instance, it takes Three Seconds to ... Disown Your Helplessness: The First Impulse: "There's nothing I can do about it." The Second Impulse: "I can't do everything, but I can do something." Quit Stewing and Start Doing: The First Impulse: "Someday I'm going to do that." The Second Impulse: "I'm diving in ... starting today." Fuel Your Passion: The First Impulse: "I'll do what happens to come my way." The Second Impulse: "I'll do what I'm designed to do." Inhale ... exhale ... the difference of your lifetime can begin in the space of a single breath. The decision is yours. Start today.

## 3 Seconds: The Power of Thinking Twice By Les Parrott Bibliography

- Rank: #502091 in Books
- Brand: HarperCollins Christian Pub.
- Published on: 2007-05-27
- Released on: 2007-05-27
- Original language: English
- Number of items: 1
- Dimensions: 8.25" h x .75" w x 5.63" l, .70 pounds
- Binding: Hardcover
- 208 pages

 [Download 3 Seconds: The Power of Thinking Twice ...pdf](#)

 [Read Online 3 Seconds: The Power of Thinking Twice ...pdf](#)

## Download and Read Free Online 3 Seconds: The Power of Thinking Twice By Les Parrott

---

### Editorial Review

#### From the Back Cover

Just three seconds. The time it takes to make a decision. That's all that lies between settling for "Whatever" ... or insisting on "Whatever it takes."

3 Seconds shows how to unleash the inner resources that can move you to a whole new level of success. It comes down to six predictable impulses that most of us automatically accept without a second thought. You can replace them with new impulses that lead toward impact and significance. For instance, it takes Three Seconds to ...

Disown Your Helplessness: The First Impulse: "There's nothing I can do about it." The Second Impulse: "I can't do everything, but I can do something."

Quit Stewing and Start Doing: The First Impulse: "Someday I'm going to do that." The Second Impulse: "I'm diving in ... starting today."

Fuel Your Passion: The First Impulse: "I'll do what happens to come my way." The Second Impulse: "I'll do what I'm designed to do."

Inhale ... exhale ... the difference of your lifetime can begin in the space of a single breath. The decision is yours. Start today.

#### About the Author

#1 New York Times bestselling author Les Parrott is co-founder, with his wife, Leslie, of the Center for Relationship Development on the campus of Seattle Pacific University and the bestselling author of High-Maintenance Relationships, Love the Life You Live (with Neil Clark Warren), Love Talk (with Leslie Parrott), 3 Seconds, and 25 Ways to Win with People (with John C. Maxwell). Dr. Parrott is a sought-after speaker to Fortune 500 companies and holds relationship seminars across North America. Dr. Parrott has been featured in USA Today, the Wall Street Journal, and the New York Times. His many television appearances include The View, The O'Reilly Factor, CNN, Good Morning America, and Oprah. To learn more, visit [www.lesandleslie.com](http://www.lesandleslie.com)

### Users Review

#### From reader reviews:

##### **Theresa Pepper:**

Why don't make it to become your habit? Right now, try to ready your time to do the important act, like looking for your favorite reserve and reading a book. Beside you can solve your long lasting problem; you can add your knowledge by the publication entitled 3 Seconds: The Power of Thinking Twice. Try to make the book 3 Seconds: The Power of Thinking Twice as your friend. It means that it can to become your friend when you really feel alone and beside that of course make you smarter than ever before. Yeah, it is very

fortuned for you. The book makes you a lot more confidence because you can know everything by the book. So , we should make new experience and also knowledge with this book.

**Judith Roemer:**

What do you ponder on book? It is just for students because they are still students or the item for all people in the world, what best subject for that? Only you can be answered for that problem above. Every person has various personality and hobby for every other. Don't to be pressured someone or something that they don't wish do that. You must know how great and important the book 3 Seconds: The Power of Thinking Twice. All type of book are you able to see on many methods. You can look for the internet options or other social media.

**Elizabeth Bello:**

Now a day people that Living in the era just where everything reachable by match the internet and the resources in it can be true or not demand people to be aware of each details they get. How individuals to be smart in acquiring any information nowadays? Of course the correct answer is reading a book. Reading through a book can help individuals out of this uncertainty Information specifically this 3 Seconds: The Power of Thinking Twice book as this book offers you rich data and knowledge. Of course the data in this book hundred % guarantees there is no doubt in it everybody knows.

**Judy Newberry:**

A lot of reserve has printed but it is unique. You can get it by web on social media. You can choose the very best book for you, science, comic, novel, or whatever by simply searching from it. It is called of book 3 Seconds: The Power of Thinking Twice. You can add your knowledge by it. Without leaving the printed book, it can add your knowledge and make an individual happier to read. It is most essential that, you must aware about e-book. It can bring you from one location to other place.

**Download and Read Online 3 Seconds: The Power of Thinking Twice By Les Parrott #EXQ50948HTK**

## **Read 3 Seconds: The Power of Thinking Twice By Les Parrott for online ebook**

3 Seconds: The Power of Thinking Twice By Les Parrott Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read 3 Seconds: The Power of Thinking Twice By Les Parrott books to read online.

### **Online 3 Seconds: The Power of Thinking Twice By Les Parrott ebook PDF download**

**3 Seconds: The Power of Thinking Twice By Les Parrott Doc**

**3 Seconds: The Power of Thinking Twice By Les Parrott MobiPocket**

**3 Seconds: The Power of Thinking Twice By Les Parrott EPub**

**EXQ50948HTK: 3 Seconds: The Power of Thinking Twice By Les Parrott**