



The Warrior's Heart: Becoming a Man of Compassion and Courage

By Eric Greitens Navy SEAL

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In this adaptation of his best-selling book, *The Heart and the Fist*, Eric speaks directly to teens, interweaving memoir and intimate second-person narratives that ask readers to put themselves in the shoes of himself and others. Readers will share in Eric's evolution from average kid to humanitarian to warrior, training and serving with the most elite military outfit in the world. Along the way, they'll be asked to consider the power of choices, of making the decision each and every day to act with courage and compassion so that they grow to be tomorrow's heroes.

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Editorial Review

From School Library Journal

Gr 8 Up-A former Navy SEAL describes his journey from aiding victims of violence to protecting people and, now, living a life of service. Modeling parts of his engaging memoir on the "Choose Your Own Adventure" stories he loved as a child, Greitens describes events along his path, preceding each with a short "You" segment presenting a moral dilemma taken from his own life. As a college student he began seeing the results of violence in the world with summers in China, Bosnia, and Rwanda. At home, he trained as a boxer to build his strength. After graduation he worked with Bolivian street children. At this point, halfway through the narrative, there is a series of black-and-white photographs. After a Rhodes scholarship to Oxford, realizing that "courage and compassion are two sides of the same coin," and determined to become someone who protected those in need, he joined the Navy SEALs. That difficult training takes up most of the second half of the book, which concludes with a few scenes from his service in Iraq; a description of The Mission Continues, his nonprofit organization; and an exhortation to readers to live lives of service as well. Adapted from the adult title *The Heart and the Fist* (Houghton, 2011), this volume has been rearranged, shortened, and streamlined in ways sure to appeal its new audience.-Kathleen Isaacs, Children's Literature Specialist, Pasadena, MDα(c) Copyright 2011. Library Journals LLC, a wholly owned subsidiary of Media Source, Inc. No redistribution permitted.

Review

A *Kirkus* Best Teen Book of 2012

"An uncommon (to say the least) coming of age, retraced with well-deserved pride but not self-aggrandizement, and as thought provoking as it is entertaining."--*Kirkus*, starred review "Adapted from the adult title *The Heart and the Fist* (Houghton, 2011), this volume has been rearranged, shortened, and streamlined in way sure to appeal to its new audience."--*School Library Journal*

"Greitens describes his adventurous life in a manner that many teen boys will find inspirational."-- *VOYA*

"It's no small feat to make a difference in somebody's life. By sharing these stories with young readers, [Greitens] now has a chance to make a difference in a few more."--*The New York Times Book Review*

"[An] engaging and important book."--*LA Times*

About the Author

ERIC GREITENS was born and raised in Missouri. After earning a Ph.D. as a Rhodes Scholar and serving as a humanitarian volunteer overseas, Eric joined the Navy SEALs. A boxing champion and a decorated combat veteran, he is the founder of the nonprofit The Mission Continues and the author of the New York Times bestseller *The Heart and the Fist*.

Users Review

From reader reviews:

Joe Stearns:

This book untitled The Warrior's Heart: Becoming a Man of Compassion and Courage to be one of several books that best seller in this year, here is because when you read this book you can get a lot of benefit on it. You will easily to buy this specific book in the book store or you can order it via online. The publisher of the book sells the e-book too. It makes you quickly to read this book, as you can read this book in your Smart phone. So there is no reason for you to past this guide from your list.

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Robert Tanaka:

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