



# Raising Children Who Think for Themselves

By Elisa Medhus

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## Raising Children Who Think for Themselves By Elisa Medhus

*Raising Children Who Think for Themselves* offers a new approach to parenting that has the power to reverse the trend of external direction in our children and help parents bring up empathetic, self-confident, moral, independent thinkers. Children who are externally directed make decisions based on the peer groups, violent movies, sexually explicit television shows, and rap lyrics that permeate their lives. When children are self-directed, on the other hand, they use their power of reason like a sword to cut through the jungle of external influences. Fortunately, the author shows us, it is never too late to foster in our children the ability to weigh options, consider sources, and think for themselves.

Filled with real-life examples, humorous anecdotes, and countless interviews with parents, children, and teachers, *Raising Children Who Think for Themselves*

- Identifies the five essential qualities of self-directed children
- Outlines the seven strategies necessary for parents to develop these qualities in their children
- Addresses nearly one hundred child-raising challenges—from body piercing to whining wars—and offers solutions to help encourage self-direction

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### Editorial Review

#### Review

"*Raising Children Who Think for Themselves* provides plenty of sensible, down-to-earth advice for parents. A goldmine of suggestions and guidance."

—Thomas W. Phelan, PhD, author of *1-2-3 Magic*

"Rich stories and examples from her own parenting experiences and those of her patients make Medhus's book a comprehensive guide for teaching our children to become honest, intuitive, and independent thinkers, using not only their heads but their hearts."

—Jeanne Elium, coauthor of *Raising a Son* and *Raising a Daughter*

#### From the Publisher

Beyond Words is proud to announce that *Raising Children Who Think for Themselves*, by author Elisa Medhus, M.D., has earned three highly prestigious awards: The 2002 Parent's Choice Award, The 2002 NAPPA Gold Award (National Parenting Publications Association,) and the 2002 National Parenting Center Seal of Approval.

#### From the Author

*Raising Children Who Think for Themselves* shows parents how to raise their kids to make choices for themselves—choices not shaped by destructive influences like negative peer pressure, movies, song lyrics and their junk culture.

Today, our children are bombarded by so many messages through so many channels. Unfortunately, they are also programmed to satisfy their instinctive pack animal urge to fit in or belong to a group by striving to comply with those standards of "worthiness" that their peer groups demand they follow. But since those standards are often rooted in corrupt and misguided priorities (being cool, acting tough, being sexually active, belonging to a certain gang, being nice looking, being thin, etc.) any choices that are held hostage by such standards are often going to be inappropriate or immoral.

By raising our children to free their choice-making process from their need to fit in, they will grow to be independent, moral, happy, contributing, self-assured and contributing adults with the courage to do what's right, even when their world and morality is crumbling around them. Enough kids like these, and we'll see a stop to that crumbling. We'll see a happier, saner and safer world—one our children deserve.

Thank you for sharing my dream to create such a world.

Love and respect,

Elisa Medhus, M.D.

### Users Review

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##### **Joshua Parsons:**

What do you with regards to book? It is not important along? Or just adding material if you want something

to explain what the ones you have problem? How about your free time? Or are you busy man? If you don't have spare time to do others business, it is make you feel bored faster. And you have free time? What did you do? All people has many questions above. They have to answer that question since just their can do that. It said that about reserve. Book is familiar on every person. Yes, it is appropriate. Because start from on kindergarten until university need this kind of *Raising Children Who Think for Themselves* to read.

### **William Burns:**

This *Raising Children Who Think for Themselves* book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is actually information inside this book incredible fresh, you will get facts which is getting deeper you read a lot of information you will get. This specific *Raising Children Who Think for Themselves* without we understand teach the one who looking at it become critical in thinking and analyzing. Don't possibly be worry *Raising Children Who Think for Themselves* can bring when you are and not make your handbag space or bookshelves' become full because you can have it inside your lovely laptop even cell phone. This *Raising Children Who Think for Themselves* having good arrangement in word along with layout, so you will not sense uninterested in reading.

### **Sam Current:**

This *Raising Children Who Think for Themselves* is great publication for you because the content which is full of information for you who also always deal with world and possess to make decision every minute. This particular book reveal it information accurately using great manage word or we can state no rambling sentences within it. So if you are read this hurriedly you can have whole data in it. Doesn't mean it only provides you with straight forward sentences but difficult core information with wonderful delivering sentences. Having *Raising Children Who Think for Themselves* in your hand like obtaining the world in your arm, information in it is not ridiculous one. We can say that no guide that offer you world inside ten or fifteen small right but this reserve already do that. So , this is good reading book. Hey there Mr. and Mrs. busy do you still doubt that will?

### **Linda McGrane:**

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