



Passionate Marriage: Keeping Love and Intimacy Alive in Committed Relationships

By David Schnarch PhD

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“A classic.” ?William H. Masters, M.D.

Passionate Marriage has long been recognized as the pioneering book on intimate human relationships. Now with a new preface by the author, this updated edition explores the ways we can keep passion alive and even reach the height of sexual and emotional fulfillment later in life. Acclaimed psychologist David Schnarch guides couples toward greater intimacy with proven techniques developed in his clinical practice and worldwide workshops. Chapters?covering everything from understanding love relationships to helpful "tools for connections" to keeping the sparks alive years down the road?provide the scaffolding for overcoming sexual and emotional problems. This inspirational book is sure to help couples invigorate their relationships and reach the fullest potential in their love lives.

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Passionate Marriage: Keeping Love and Intimacy Alive in Committed Relationships By David Schnarch PhD Bibliography

- Sales Rank: #6944 in Books
- Brand: W. W. Norton & Company
- Published on: 2009-04-27
- Original language: English
- Number of items: 1
- Dimensions: 8.30" h x 1.20" w x 5.50" l, .75 pounds
- Binding: Paperback
- 448 pages

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Editorial Review

Amazon.com Review

Couples therapists often specialize in one or the other--sex or the relationship. It's a ridiculous separation says marital and sex therapist David Schnarch, who believes sex is the all-telling barometer of a love relationship. Schnarch's fundamental lesson is differentiation--the often threatening process of defining yourself as separate from your partner, which inevitably draws you closer to your partner than you ever dreamed possible. Schnarch uses dramatic therapy sessions to illustrate how differentiation doesn't just cure sexual dysfunction; it helps couples reach the mind-blowing heights of their sexual potential. A groundbreaking and truly erotic discussion of adult sexuality.

From Library Journal

Living in a "dead" relationship? Want to make it more passionate? More intimate? More loving? Schnarch (Constructing the Sexual Crucible, Norton, 1991) takes the reader behind the scenes as couples describe similar feelings as well as their explicit sexual encounters during dramatic therapy sessions. The book is divided into three sections. The first section gives the reader a framework for understanding his or her existing relationship so that it can grow. The second section gives detailed instructions on ways to make sex better and more intimate. The last chapters show how sex and intimacy operate together in marriage. A potentially useful guide; recommended for larger well-circulating self-help collections. ?Marty Dean Evensvold, Magnolia P.L., Tex.
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Review

"This pioneering work opens whole new lines of thoughts and will benefit many couples." (Bernie Zilbergeld, PhD, author of The New Male Sexuality)

"Schnarch takes the reader behind the scenes as couples describe similar feelings as well as their explicit sexual encounters during dramatic therapy sessions.... [A] useful guide." (Marty Dean Evensvold - Library Journal)

Users Review

From reader reviews:

Jack Baldwin:

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